

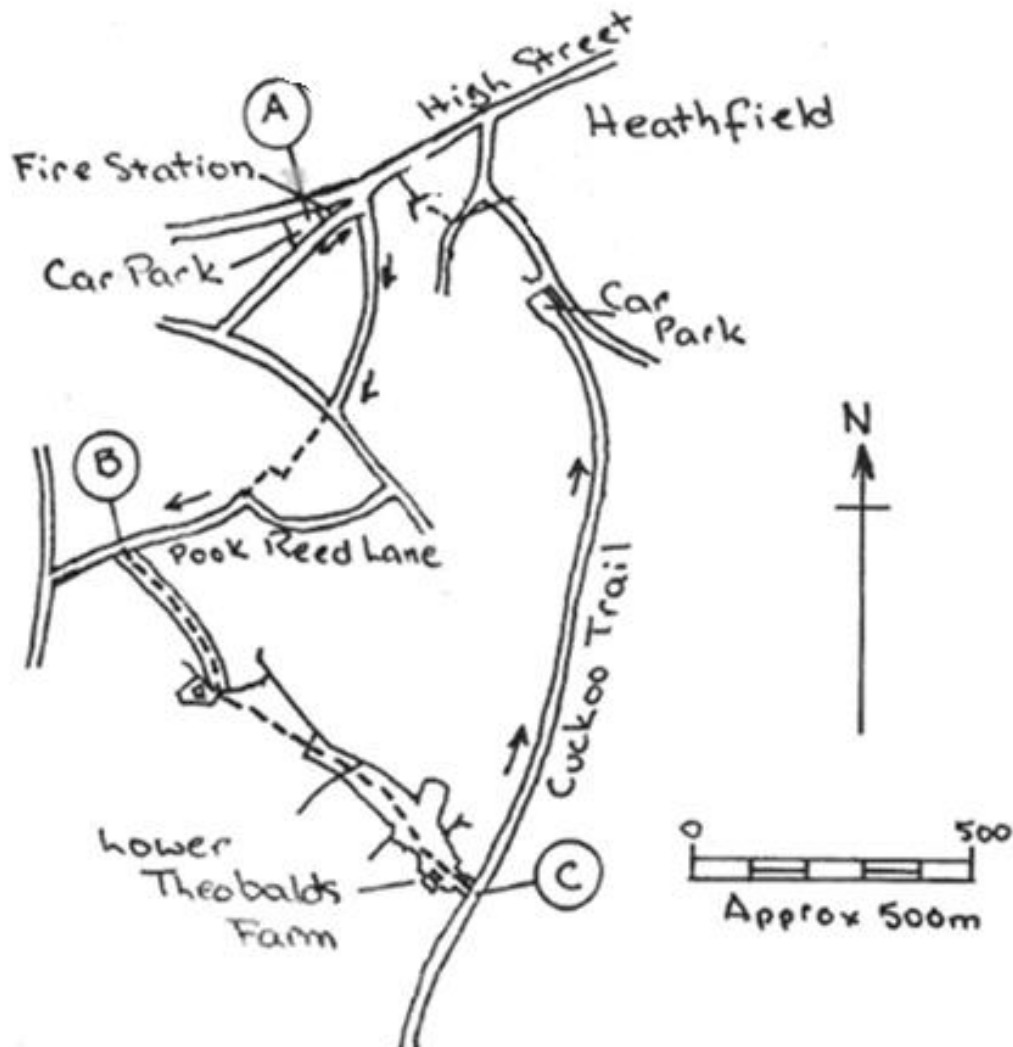
Walk No 1

HEATHFIELD SOUTH, GEER'S WOOD, CUCKOO TRAIL (4km)

This is a 4km (2.5 miles) circular walk, taking about one hour, which takes you quickly out of the town into field and woodland, and back via the Cuckoo Trail.

If required, park at the Mill Road public car park which is behind the Fire Station, on Heathfield High Street, the A265 road.

Please note this is mainly easy walking but the woodland section of the walk can be muddy when wet. There are no stiles, and it is a dog friendly walk.



- A.** Starting at the Mill Road Car Park in Heathfield turn left at the entrance and walk down Mill Road before turning right into Tilsmore Road. Continue on this road going south to where it ends at Ghyll Road. Cross over to an enclosed path by the footpath marker opposite. Follow the path round to a short green track that leads onto Pook Reed Lane. Follow this round to the right for 250m.
- B.** Before you reach A267 Little London Rd, just past a house called Pook Reed on the left, turn left onto a rough gravel track or drive, which you follow to the house at the end where you keep left into woodland. This is Geer's Wood. Follow the well-defined path as it bears to the left, then follow a wire fence on the right. Where this fence ends go right, and as you go downhill you will pick up the fence again on your right; keep on downhill until at the bottom you cross Waldron Gill over a wooden footbridge. Go on up the track, passing Lower Theobalds Farm on your right. At this point the right of way is marked by a yellow way marker leading you through a gate. There is also a permissive path to the left of the gate, marked by a black and white arrow, use this path if the main path is obstructed for any reason. Otherwise, go through the gate and a second brick gateway up straight ahead, then turn left onto the former railway track which crosses both the drive and permissive path.
- C.** This old railway track is now the Cuckoo Trail, a foot-and-cycle-way between Heathfield, Hailsham, and Polegate, which is well signposted. Having turned left onto it, follow it for 1100m. First cross over Treetops Way, where there is a housing estate on the left, then cross over Ghyll Road to continue on the track, passing Frenches Halt (an interactive signal box) before eventually reaching Newnham Way where there is a car park. The railbed now becomes a dead-end access road into an industrial area, Browning Road, so cross Newnham Way and then turn left & then right onto a tattered footpath which parallels the old track, coming out into Thorny Close. Turn right over the bridge, and immediately left, opposite the old station building, onto a footpath which climbs up to the High Street, turn left here and follow the High Street before turning left into Mill Road and so back to where you started.
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