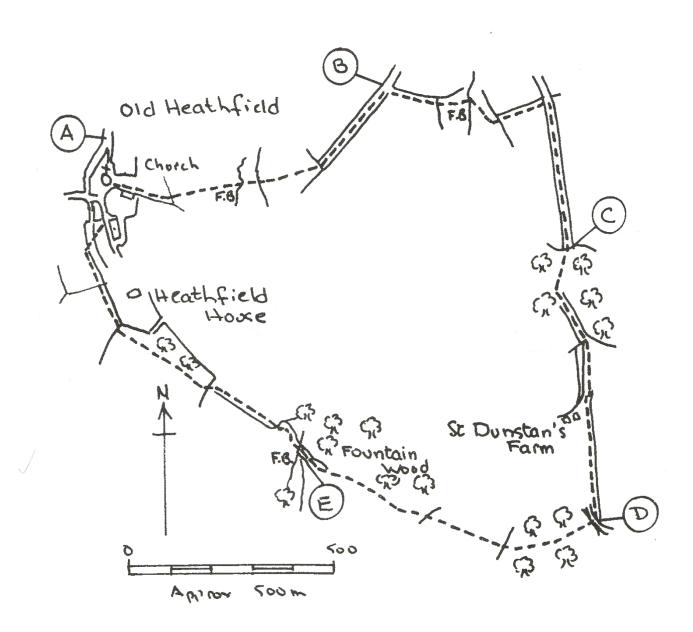
OLD HEATHFIELD (5Km)

Start at Old Heathfield Church. Parking is possible in School Hill approaching the church.



Old Heathfield (5kms)

- A. Go into the churchyard on the gravel path turning left downhill (see footpath stone) keeping to the right of the gravestones to reach a kissing gate at the bottom. Follow directions of marker and cross the field in the bottom left-hand corner continuing down to a bridge over a stream (Sylvia Burgess memorial bridge). After the bridge, follow path uphill. Bear right to a stile in the hedge. Follow the fenced path in the direction of tall trees on the ridge ahead, leading to a metal stile. Go left along the track for 200m.
- B. After 200m, look for a stile on the right by a gate. Once over, go through the field with the hedge on your left. Views of the Downs to the right. Once over the stile, enter a copse and follow a wandering path to a bridge over a stream. The way marked path then gently climbs to the right then left ending at a stile leading into a field. Go across this field keeping the hedge on your left until you reach the stile which leads onto a track. Turn right.
- C. Follow this gully track downhill to a metal gate. Ignore footpath to the left and go through the gate. Branch right through a plantation. At the next sign posted cross track, go left along the bridle path through a coppice to a bridle gate. Go along an enclosed path to a second bridle gate. Keep to the right side of the field beside a hedged fence until you have passed St. Dunstan's Farm. This is a short but gentle incline and once at the top of the field the metal gate can be found in the corner adjacent to the farm access gate. Follow footpath/gully downhill alongside the farm track, to bridle gate.
- D. Once through the gate, cross over the farm track to a stile up the bank leading into a wood. Follow the path to a waymarked stile. Cross the field to a stile straight ahead. In the next field, bear left to pass to the left of some oak trees, then bear right following the farm track downhill to reach a track which bears right leading to a farm bridge crossing a stream.
- E. Follow the track uphill. At the waymarked path, turn right and pass an electricity pole on your left. Old Heathfield Church is now in view. Follow path uphill with hedge on left. At the top of the field look to the left across the farm drive (the path dog legs). Once through the gate, the enclosed path with hedges on the right, skirts two fields with gates. Continue along this path until you reach an open field and aim to the right in the direction of a kissing gate in the iron fence. Follow waymarker and cross the drive and grass diagonally and emerge on the road opposite Highland Cottage. To your left is the "Star Inn" and beyond that Old Heathfield Church.